

ST. THOMAS SCHOOL, LONI
CURRICULUM
CO-SCHOLASTIC ACTIVITIES

ART AND CRAFT

Teaching Objectives:

- To unleash the true skills of learner.
- To create a source of livelihood.
- Helps in portray the virtual world into real world.
- To cast the emotions and feeling of artist.
- Helps in understanding our rare beautiful culture and history.
- Helps to create an another career opportunity within.

MUSIC

Teaching Objectives:

- To know about eminent Musicians, their life and achievements.
- To know about different musical instruments and their parts.
- To give Vocal Exercises
- Learning English motivational songs (example: Believer, We will rock you, Waving Flag etc.) so that students have better understanding about pronunciation, accent, new words and also help in communication
- Learning Prayer songs in different languages of different states. So that students learn new words of other languages. Through this a child develop an attitude of accepting others language and culture.

PHYSICAL EDUCATION

Teaching Objectives:

- To provide and co-ordinate a cohesive framework for sports specific development of a child.
- To develop physical fitness and skills.
- To enhance mental ability.
- To develop constructive social abilities.
- To develop and control emotional maturity.
- To promoting healthy lifestyle through regular physical activities.
- To promote the feeling of love, mutual corporation and brotherhood among the children.
- To develop motor components like strength, agility, speed, flexibility and endurance.

YOGA

Teaching Objectives:

- Asanas give sufficient exercise to the internal organs of the body. With this an individual can maintain good health and longetive of life
- Yoga is a solo-practice, where two or more individual are required in other games.
- YOGASAN help the body to acquire more resistance power to keep the disease away.
- To make body more flexible
- Through different YOGASAN the blood in the blood -vessels is purified.
- YOGASAN are non-violent activity and a person becomes morally good.
- YOGASAN make possible not only physical and mental development but also intellectual and spiritual development.

DANCE

Teaching Objectives:

- To develop a multifaceted physicality.
- To stimulate the conscious understanding of the language of body movement in a synchronized manner.
- Respond to changes in Rhythm.
- To make the body move to internal and external rhythms.
- To create an integrated knowledge in the cultural and historical contexts of dance and its various forms.
- To make the children learn the values and methods of artistic collaboration.
- To understand the importance of different dance forms related to different festivals, cultures, traditions, celebrations.
- To develop a sensation of coordinating with different rhythms within the timings.
- To develop confidence in aesthetic performances.
- To identify the great talents, skills especially in those children who may not be academically strong, and help them channelize their energy in an efficient manner for a better future.

VALUE EDUCATION

Teaching Objectives:

- Full development of child's personality in its physical, mental, emotional and spiritual aspects.
- Inculcation of good manners, responsibility and cooperative citizenship.
- Developing respect for the dignity of an individual and society.
- Inculcation of a spirit of patriotism and national integration.
- Developing a democratic way of thinking and living.
- Developing tolerance towards and understanding of different religious faiths.
- Developing sense of brotherhood at social, national and international levels.
- Helping pupils to have faith in them and in some supernatural power that, is supposed to control this universe and human life.
- Enabling pupils to make decisions on the basis of sound moral principles
- The very purpose and main function of education is the development of an all round and well-balanced personality of the students, and also to develop all dimensions of the human intellect so
- that our children can help make our nation more democratic, cohesive, socially responsible,
- culturally rich and intellectually competitive nation.