

# ST. THOMAS SCHOOL, LONI

## KINDERGARTEN SEPTEMBER ACTIVITY PLANNER

(2024-25)

- 02-09-24, Monday To 06-09-24, Friday: “Celebrating National Nutrition Week”
- 05-09-24, Thursday: “Popcorn & Movie time”
- 09-09-24, Monday: For NURSERY “Competition of the month”
- 09-09-24, Monday: For PREP “Competition of the month”
- **“Celebrating National Nutrition Week”** - Nutrition for children is based on the same core principle as nutrition for adults. The key to proper nutrition is a healthy and balanced diet, exercise, and a conducive lifestyle. To inculcate the habit of healthy eating and make students aware of different tastes, shape, colour, nutrition value, the Kindergarten teachers planned a week long menu with different types of food like- fruits, dry fruits, and salad to be brought in the class and celebrate 'National Nutrition Week'. For that parents are requested to send the food according to the planner.

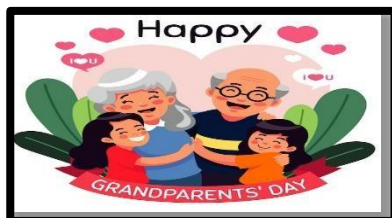
DATE & DAY	IN FRUIT LUNCH BOX	IN LUNCH BOX
02-09-24, Monday	One Apple (Sliced)	Stuffed parantha & curd
03-09-24, Tuesday	One Banana	Besan cheela / Idli
04-09-24, Wednesday	One Pear (Sliced)	Vegetable Pulao
05-09-24, Thursday	Fruit of your wards choice	Popcorn and food of your wards choice
06-09-24, Friday	Any mix fruits (Sliced)	Parantha or Roti & any green vegetable

- **“Popcorn & Movie time”**- To celebrate 'Teacher's Day' with our children and to educate them, why do we celebrate this important day we have decided to show a movie to our students based on it as movies can help develop children's cognitive skills, such as forming long-term memory, maintaining focus, developing logic, reasoning, visual and auditory processes. Movies bring up many conversation scenes that can help introduce children to a lot of vocabulary and pronunciation related to the specific topic.  
Parents are requested to send their ward in comfortable party attire for the 'Movie Time' on 05-09-24, Thursday.

## COMPETITION OF THE MONTH

09-09-24, MONDAY (NURSERY)

### “SA RE GA MA” SINGING COMPETITION



Parenting is not easy, and experts say that by the time we understand parenting, we are already grandparents! Grandparents are the best blessing for a child, to cherish the wonderful and precious bond between the grandparents and grandchild we are conducting the singing competition on the occasion of 'Grandparents Day'. You are requested to prepare your ward with any of their favourite song dedicating to their grandparents. Kindly share the song with the class teacher by 07-09-24, Sunday with the class teacher.

Time limit: 2 min (maximum)

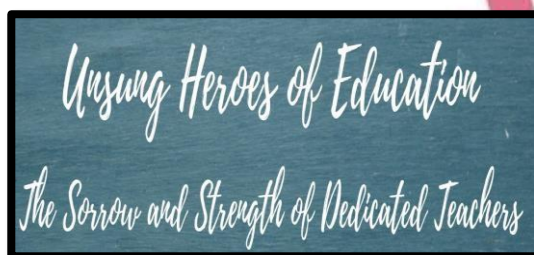
Language: Hindi/English

Judgement criteria: Song selected, Stage presence, Vocal Quality, Props & Attire

## COMPETITION OF THE MONTH

09-09-24, MONDAY (PREP)

### 'CARD MAKING FOR UNSUNG HEROES'



To acknowledge and dedication and unwavering commitment of teachers to impart social values to the students. The Teachers' Day emphasizes the need for quality education and collaboration that ensures unbiased education is offered to students, to thanks teachers and show gratitude students of class Prep will be making beautiful card of their choice.

Parents are requested to send any decorative materials of their wards choice. Students should write a small note for teacher in one sentence on the card in school.

A4 size sheet will be provided by the class teacher in the school.

Judgement criteria: Originality, Creativity, Message Written and Uniqueness.